

Safety Video Library

*This catalog update contains
many safety videos that are new
since the December 2008 edition.*

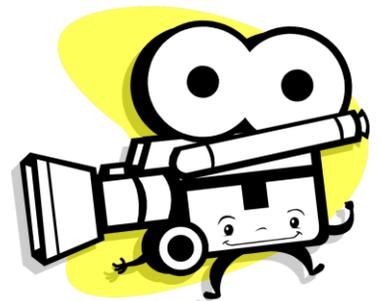
*We hope these new titles meet
your training needs!*

Meadowbrook Insurance Group

7900 Xerxes Ave. S., Suite 300
Bloomington, MN 55431

December 2, 2010

(Please discard previous editions of this catalog.)



Video Lending Guidelines

The Loss Control Department of Meadowbrook Insurance Group maintains a video lending library for members of authorized insurance groups. These videos are available free of charge.

- Please limit requests to no more than three videos at a time.
- Maximum allowed checkout time is three weeks.
- Requests will be filled on a “first come, first served” basis.

Safety Video Order Form

Please fill out and fax to: **(952) 346-9520**

Attn: Loss Control Dept.

Member Name: _____

Person Requesting Videos: _____

Phone Number: _____

Mailing Address: _____

Videos Requested:

Video #:	Video Title:	Format:	
		VHS	DVD
1. _____	_____	<input type="checkbox"/>	<input type="checkbox"/>
2. _____	_____	<input type="checkbox"/>	<input type="checkbox"/>
3. _____	_____	<input type="checkbox"/>	<input type="checkbox"/>

-
- Meadowbrook will pay for postage to mail videos to the member.
 - The member is responsible for the return postage.

Please return videos to:

**Meadowbrook Insurance Group
Loss Control Department
7900 Xerxes Ave. S., Suite 300
Bloomington, MN 55431**

Thank you.

To assist you in selecting the right video for your organization, the Meadowbrook Insurance Group Video Library is organized by subject matter. The following legend explains the abbreviations and associated subject matter.

CON Construction

408	Backhoe Operations and Safety	7 Minutes
143	Backhoe Safety	5 Minutes
158	Breaker/Jackhammer Safety	6 Minutes
1043	Bucket Trucks: Extending Your Reach	15 Minutes
147	Chainsaw Safety	6 Minutes
1024	Contractor Safety: It's Everybody's Business	21 Minutes
2051	Excavation and Trenching	37 Minutes
2050	High Hazards	60 Minutes
332	Housekeeping on the Job Site	9 Minutes
334	Landscape Maintenance	17 Minutes
537	Large Equipment Safety	20 Minutes
1030	On Solid Ground: Safe Excavations & Trenching	18 Minutes
2015	Power Line Hazard Analysis	18 Minutes
2017	Putting It All together: Scaffold Safety	17 Minutes
2034	Residential Construction Fall Protection Training	1.5 Hours
2019	Safety Around Electric and Natural Gas Lines	
156	Safety Orientation for Construction	5 Minutes
1056	Scaffold Safety: Putting It All Together	17 Minutes
1020	Thinking About Fall Protection	20 Minutes
2023	Trench Safety Awareness (NIOSH)	
161	Trenching and Shoring Safety	6 Minutes
346	Trenching and Shoring Safety	14 Minutes
2035	Work Safely Around Electrical Lines (Spanish)	
2025	Work Safely Around Utility Lines	13 Minutes

DRV Driving and Vehicle Safety

These videos cover a wide range of topics involving driving, fleets, and equipment operation.

173	Backing Safety	5 Minutes
1002	Defensive Driving: A Crash Course	16 Minutes
2042	Defensive Driving: When Good Weather Goes Bad	18 Minutes
1028	Distracted Driving: At What Cost?	15 Minutes
144	Dump Truck Safety	5 Minutes
605	Dump Truck Safety	10 Minutes
1054	Forklift Basics: Safe from the Start	22 Minutes
1006	Forklift Safety	13 Minutes
1027	Forklift Safety: Driving in Dangerous Situations	14 Minutes
414	Front-End Loader Operations	13 Minutes
189	Safe Driving on Freeways	8 Minutes
1032	Safe Equipment Transport	25 Minutes
2054	Take Pride in Your Job: Seat Belts	11 Minutes
182	Truck Driving Safety	5 Minutes
632	Trucking: Getting On/Off Tractors, Trailers & Docks	11 Minutes
714	Van and Truck Driving	23 Minutes
1072	Why Do We Drive the Way We Do?	14 Minutes
2030	Winter Driving: When the Rules Change	16 Minutes
2031	Winter Driving: When the Rules change Refresher	11 Minutes

HCM Hazardous Chemicals and Materials

These tapes cover various hazards associated with chemicals, materials, and other operations. These tapes can be a good way to help with your Hazard Communication and Right-to-Know training requirements.

2056	Avoiding Germs and Viruses at Work	7 Minutes
1019	Bloodborne Pathogens: Control Your Exposure	13 Minutes
1036	Fire Prevention and Safety – (Aurora Pictures version)	12 Minutes
279	Fire Prevention and Safety – (Long Island Productions version)	12 Minutes
1044	Hand Washing: Avoiding Germs & Viruses at Work	7 Minutes
620	Handling Flammable/Non-Flammable Compressed Gases	14 Minutes
1061	Hazard Communication: Behind the Scenes	18 Minutes
1039	Hazard Communication: KHAZ Talk Radio	15 Minutes
2063	Hazard Communication: Your Key to Chemical Safety	
2039	Health Factors in Welding Operations	
201	Heat Stress	6 Minutes
283	Heat Stress	12 Minutes
1025	Heat Stress: Don't Lose Your Cool	15 Minutes
1068	Heat Stress: Staying Healthy, Working Safely	15 Minutes
622	How to Handle Corrosives	18 Minutes
619	How to Handle Flammables	18 Minutes
621	How to Handle Solvents	18 Minutes
1015	Lockout / Tagout	13 Minutes
1026	Team Player	20 Minutes
1012	Understanding MSD's	12 Minutes
186	Universal Precautions for Hepatitis B and AIDS	15 Minutes
1013	What's Wrong with This Picture?	22 Minutes

HHS Healthcare and Hospital Safety

1057	Healthcare Safety Orientation: For Your Own Good	16 Minutes
1052	Home Health Safety Orientation	20 Minutes
2026	Lifting Patients from Chairs	12 Minutes
2040	Nursing Version: What's Wrong with This Picture?	9 Minutes
130	Safety Orientation for Housekeeping/Maintenance in Healthcare	5 Minutes
124	Safety Orientation for Nurses	8 Minutes
900	The Proper use of Posey Gait and Transfer Belts	15 Minutes

HOS Home and Outdoor Safety

2047	Simple Changes Can Keep You Safe Where You Live	10 Minutes
516	Think Safe: Accidents	17 Minutes
2049	Your Kids Are Drinking	57 Minutes

IPT Injury Prevention Training

Videos in this subject area help increase safety awareness. Some of these tapes focus specifically on the "soft tissue injuries" such as back injuries and musculoskeletal disorders.

159	Back Injury Prevention for Public Agency	5 Minutes
593	Back Safety	17 Minutes
174	Battery Safety	5 Minutes
1000	Caution: Foundry at Work	10 Minutes

2033	Chemical Safety Board Videos 2005 – 2010	Various
1031	Close Calls: The Wake-Up Call	14 Minutes
2060	Computer Usage	12 Minutes
2033	Dangers of Combustible Dust (Chemical Safety Board)	29 Minutes
2033	Dangers of Hot Work (Chemical Safety Board)	14 Minutes
2061	Ergonomics: Working in Comfort	16 Minutes
1007	Hand Safety	10 Minutes
1004	Hazard Recognition for Utility Workers	18 Minutes
1014	Hearing Conservation	8 Minutes
1034	I Chose to Look the Other Way	12 Minutes
1021	In the Trenches: Excavation Safety for Workers	14 Minutes
1060	It Only Takes a Second	3 Minutes
149	Landscape Maintenance Safety	5 Minutes
2064	Lessons Learned from hand Injuries Non-Graphic	20 Minutes
360	Material Handling Safety	20 Minutes
119	Material Safety Data Sheets	5 Minutes
512	Metal Shop Safety	19 Minutes
1029	Office Ergonomics	17 Minutes
1058	Office ErgonomicsTaks Analysis	16 Minutes
2062	Office ergoSAFE: A Systematic Approach	16 Minutes
1067	Poison Oak & Ivy Training	11 Minutes
2016	Preventing Slips, Trips and Falls	14 Minutes
2046	Responsibility	11 Minutes
551	Safe Forklift Operations	20 Minutes
2038	Safety (Bad) Habits	
2045	Safety Attitudes and Actions	13 Minutes
1035	Safety in the Die Casting Workplace	25 Minutes
817	Safety in the Kitchen	22 Minutes
208	Safety Orientation in the Office	14 Minutes
379	Safety Responsibilities	15 Minutes
213	Slips and Falls	7 Minutes
2021	Slips and Falls	10 Minutes
1038	Slips and Falls – Safety Refreshers	10 Minutes
2032	Slips, Trips and Falls: Taking the right Steps	16 Minutes
176	Split Rim Safety	6 Minutes
1009	Step By Step: Avoiding Slips, Trips & Falls	17 Minutes
2041	Stop and Think	
1011	Stretching Out at Work	12 Minutes
1070	The Back Owner’s Guide to Lifting and Stretching	17 Minutes
1041	The Back Pack: A Complete Back Injury Prevention Library	
	5 Different Programs	
1074	The First Step	5 Minutes
1042	The Line of Fire	14 Minutes
2053	Violence On the Job	27 Minutes
122	What is Carelessness?	4 Minutes
1037	What Would You Say?	17 Minutes
2052	Working with Stress	17 Minutes
287	Safe Lifting with Back Supports	11 Minutes

PPE Personal Protective Equipment

From head to toe, these tapes will help with training on the various types of protective gear used by your workers.

104	Eye Protection	6 Minutes
1022	Eye Protection” – Blueprints for Safety	10 Minutes
1033	Eye Safety – Don’t Push Your Luck	12 Minutes
210	Fit Testing Respirators	7 Minutes
202	Foot Protection	6 Minutes

167	Hard Hat Safety	6 Minutes
699	Head Protection	10 Minutes
1059	More High-Impact PPE	18 Minutes
110	Personal Protective Equipment	6 Minutes
1018	Personal Protective Equipment (Blueprints for Safety)	10 Minutes
2073	PPE: Wear It for You	12 Minutes
2018	Respirator Training: Universal Fitting Instruciones	1.8 Hours
706	Respirators – Air Purifying	13 Minutes
705	Respirators – Air-Supplied	12 Minutes
1066	What!? Protect Your Hearing	13 Minutes

SPD Safety Program Development

Tapes in this subject area provide information for safety coordinators, safety committees, and others involved with aspects of developing and maintaining a safety program. There are also tapes on various OSHA regulations and programs.

671	Accident Causes and Prevention	16 Minutes
206	Accident Investigation	8 Minutes
1023	Accident Investigation – Blueprint for Safety	12 Minutes
657	Accident Investigation for Supervisors	25 Minutes
600	Avoiding Struck By / Hit By	19 Minutes
1040	Batteries Not Included	45 Minutes
1001	Confined Space Entry	18 Minutes
1005	Emergency Evacuation – Getting Out Alive!	16 Minutes
2028	Hazard Recognition and Control	
1062	Hi-Impact Emergency Action Plans	19 Minutes
371	How to Develop an effective Safety Program	20 Minutes
1045	Lockout/Tagout: Authorized Employees	16 Minutes
2037	OSHA Walkthrough for Manufactureers	Self-Paced
1010	Recognizing Drug & Alcohol Abuse for Managers	20 Minutes
231	Safety and the Supervisor	25 Minutes
370	Safety Committees: The Real Story	11 Minutes
513	Think Safe: Fire	14 Minutes

TEM Tools, Equipment and Materials

Videos in this subject area deal with specific hazards and processes in a variety of occupational settings. Training on hand tools, power tools, and other equipment is included.

1055	A Practical Approach to Ladder Safety	20 Minutes
1050	Air Gun Safety in the Workplace	13 Minutes
2029	Arc Flash Safety Awareness	
187	Arc Welding Safety	6 Minutes
435	Baler Safety	6 Minutes
507	Band Saw: Operation and Safety	14 Minutes
436	Box Cutter Safety	8 Minutes
430	Crane Safety	14 Minutes
308	Cranes/Chains/Slings/Hoist Safety	12 Minutes
183	Cutting Torch Safety	6 Minutes
1003	Electrical Safety for Non-Electricians	18 Minutes
1046	Electrical Safety for the Qualified Worker	18 Minutes
105	Fire Extinguisher Training	6 Minutes
192	Fire Extinguisher Training and Use	15 Minutes
2059	Fire Extinguishers Ready to Repsond (Blue Prints for safety)	14 Minutes
188	Gas Welding Safety	5 Minutes
376	Grinder and Abrasive Wheel Safety	14 Minutes

107	Hand & Power Tool Safety	7 Minutes
204	Hand Tool Safety	6 Minutes
2058	High Impact Crane Safety (Blue Prints for Safety)	19 Minutes
2027	Indoor Cranes: Safe Lifting Operations	
112	Ladder Safety	5 Minutes
281	Ladder Safety	12 Minutes
132	Machine Guarding	7 Minutes
549	Machine Guarding	18 Minutes
252	Machine Guarding Responsibility	13 Minutes
1017	Machine Safeguarding	12 Minutes
1051	Mechanical Power Press Safety	15 Minutes
1016	Overhead Crane Safety	22 Minutes
1047	Power Tool Safety	15 Minutes
153	Radial Arm Saw Safety	5 Minutes
508	Radial Arm Saw Safety and Use	15 Minutes
307	Safety Factors in Gas Welding and Cutting Operations	
2020	Sensible Wood Cutting: Tips from the Pros	
145	Shoveling Safety	6 Minutes
509	Table Saw Safety and Use	14 Minutes
166	Welding Safety	5 Minutes

Non-English Videos

The following videos are also available in a Spanish version. If you request one of these, be sure to specifically mention you want the Spanish version.

1019	Bloodborne Pathogens: Control Your Exposure (Sp)	13 Minutes
1024	Contractor Safety: It's Everybody's Business (Sp, Pr)	21 Minutes
1054	Forklift Basics: Safe From the Start (Sp)	22 Minutes
1053	Home Health Safety Orientation (Sp)	20 Minutes
1015	Lockout / Tagout (Sp)	13 Minutes
1051	Mechanical Power Press Safety (Sp)	15 Minutes
2032	Slips, Trips, and Falls: Taking the Right Steps (Sp, Pr)	16 Minutes
1026	Team Player (Sp)	20 Minutes
2035	Work Safely Around Electrical Lines (Sp)	
2025	Work Safely Around Utility Lines (Sp)	13 Minutes

Sp: Spanish Pr: Portuguese

Alphabetical Video List and Program Descriptions

<u>Video Title</u>	<u>Video #</u>	<u>Subject</u>	<u>Video Length</u>	<u>VHS</u>	<u>DVD</u>
<p>“A Practical Approach to Ladder Safety”</p> <p>Many people are injured while using ladders. One reason is complacency – we use ladders so often we don’t think about the dangers! This video will help increase safety awareness when using ladders. It provides a practical study of ladder usage and is effective for all industries</p>	1055	TEM	20 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<p>“Accident Causes and Prevention”</p> <p>The video describes accidents resulting from stress, negligence and recklessness. Over-exertion, along with daydreaming also cause accidents. Because many times workers are in a hurry, accidents occur.</p>	671	SPD	16 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<p>“Accident Investigation”</p> <p>This video briefly covers the purpose and importance of accident investigation. Functions covered for accident investigations include: determining cause(s); not placing blame; speed of investigations; fact-finding; witness(es) statements; and, issues to cover.</p>	206	SPD	8 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<p>“Accident Investigation” – Blueprints for Safety Series</p> <p>No workplace is exempt from injuries. And since you can’t guarantee an accident-free workplace, it is important to know how to handle accidents when they occur. This program is designed to equip you with the information you need to understand why accidents occur in your workplace and how to avoid similar occurrences in the future.</p>	1023	SPD	8 Min	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
<p>“Accident Investigation for Supervisors”</p> <p>The video defines the cost of accidents for the small company. It helps tell supervisors how to conduct in-depth accident investigation by collecting evidence, determining root causes and preventing future accidents.</p>	657	SPD	25 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<p>“Air Gun Safety in the Workplace”</p> <p>It is common to see compressed air used for cleaning parts and blowing debris. However, it is important to make sure you are using guns and nozzles that meet OSHA regulations. This video explains the applicable OSHA regulations and helps identify and eliminate dangerous conditions when using compressed air for cleaning in the workplace.</p>	1050	TEM	13 Min	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
<p>Arc Flash Safety Awareness</p>	2029	TEM		<input type="checkbox"/>	<input checked="" type="checkbox"/>
<p>“Arc Welding Safety”</p> <p>The video briefly covers safety tips for arc welding, including: safety of surroundings; equipment inspection; grounding and proper eye protection.</p>	187	TEM	6 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<p>“Avoiding Germs and Viruses at Work”</p>	2056	HCM	7 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<p>“Avoiding Struck By / Hit By”</p>	600	IPT	14 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>

<u>Video Title</u>	<u>Video #</u>	<u>Subject</u>	<u>Video Length</u>	<u>VHS</u>	<u>DVD</u>
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Roughly 22% of all construction-related injuries and deaths are caused by a “struck by” or “hit by” situation. This video increases awareness among employees. It illustrates precautions that will prevent mishaps in material handling, storage, and vehicle movement. It also includes signals and alarms.

“Back Injury Prevention for Public Agency”	159	IPT	5 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
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The video briefly covers the anatomy of the spine, while also providing proper lifting technique tips. Also, the video provides safety tips on shoveling and freeing a stuck breaker.

“Back Safety”	593	IPT	17 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
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This is a program that talks about back injury prevention and tips for safe lifting that can be used at your facility.

“Backhoe Operations and Safety”	408	DRV	7 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
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The video outlines the proper attention to safety and the correct use of backhoes. It also gives proper personal protective equipment, equipment capabilities and limitations, inspection and maintenance checklists, operation rules (including startup, driving, transporting, and refueling). Also, it outlines digging positioning, moving soil and loading and dumping trucks.

“Backhoe Safety”	143	DRV	5 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
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The video briefly covers some of the critical basic safety features, while also providing the viewer with basic safe operational tips.

“Backing Safety”	173	DRV	5 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
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This video briefly covers the importance of pre-trip inspection, hand signaling with a helper, and other tips related to heavy vehicles.

“Baler Safety”	435	TEM	6 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
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The video outlines the cardboard baler safety procedures. It gives the electric and hydraulic systems hazards. It covers pre-use inspection, lock-out/tag-out procedures, and loading, compacting and securing wire procedures. It also gives PPE and proper housekeeping concerns.

“Band Saw: Operation and Safety”	507	TEM	14 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
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The video outlines proper use of the band saw. It also tells of the proper dress and eye protection, set-up and blade changing/alignment, safety procedures and tips for success. The video also explains when to use a jigsaw or drill press, proper cutting techniques and the proper shut-off and cleanup procedures.

“Batteries Not Included: The Energized Approach”	1040	SPD	45 Min	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
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IT’S AN ENERGY THING! Having trouble getting a new program or initiative off the ground? Not sure how to get employee buy in? Is your company going through changes and you find yourself facing resistance? Have a shelf full of good programs that you’d like to turn into great ones? How about a new approach? Batteries Not Included: The Energized Approach for Achieving Great Programs will help you “power-up” your next program. Companies that focus on the 10 essential energy sources (commitment, consistency, communication, accountability, inclusion, respect, recognition, flexibility, creativity and fun) create environments that are really ready for action. This is an excellent program for Management and for Safety Committees.

<u>Video Title</u>	<u>Video #</u>	<u>Subject</u>	<u>Video Length</u>	<u>VHS</u>	<u>DVD</u>
“Battery Safety”	174	DRV	5 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
This video briefly covers the following important battery safety tips: personal protection; testing; battery types; battery terminology and general safety tips.					
“Bloodborne Pathogens: Control Your Exposure” (Blueprints for Safety)	1019	HCM	13 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
This video is useful for employee training on bloodborne pathogens. By using a common injury scenario in a manufacturing environment, the program offers a good explanation on how to protect yourself from bloodborne pathogens. It includes discussion on Hepatitis B, Hepatitis C, and HIV.					
“Box Cutter Safety”	436	TEM	8 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
The video outlines the proper use of the utility knife. It includes keeping the fingers out of the cutting path, care in changing blades, storage and carrying a box cutter and using good judgement to eliminate unsafe acts.					
“Breaker / Jackhammer Safety”	158	TEM	6 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
This video briefly covers the following important tips: storage; personal protection; pre-use inspections; and in-use tips.					
“Bucket Trucks: Extending Your Reach”	1043	DRV	15 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Bucket trucks make jobs at high elevations easier, but if they’re not operated safely major accidents can occur. The video covers operator training, pre-start inspections, PPE, on-the-job operations, and electrical safety					
“Caution: Foundry at Work”	1000	IPT	10 Min	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
<i>(Available in VHS and DVD formats)</i> Developed by the National Institute for Occupational Safety & Health, this is an overview of the operations in a foundry and discusses hazards found in these facilities.					
“Chainsaw Safety”	147	TEM	6 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
This video briefly provides safety tips including: carrying; fueling/re-fueling; fueling cans; personal protection; escape routes; and undercutting.					
“Chemical Safety Board Videos 2005 – 2010”	2033	IPT	See Below	<input checked="" type="checkbox"/>	<input type="checkbox"/>
This DVD contains 23 separate training videos. Most of the programs relate to explosions at large chemical and petroleum facilities. They explore a number of specific causes such as employee and community training. They also address specific hazards including combustible dust and hot work. Most of the videos are between 15 and 30 minutes in length.					
“Close Calls: The Wake Up Call”	1031	IPT	14 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Accidents are often preceded by some kind of close call involving unsafe conditions, unsafe actions, or minor injuries. Through dramatic accident scenarios and “real life” interviews this video shows how to recognize these close calls and “Wake Up” to the danger they represent.					
“Computer Usage”	2060	IPT		<input checked="" type="checkbox"/>	<input type="checkbox"/>
Can you be injured while working in an office? Certainly, and one of the ways is by using a computer improperly. The most important of these are repetition, awkward postures and excessive forces. This video will show you the proper posture at your desk, and proper set-up of the computer equipment.					

<u>Video Title</u>	<u>Video #</u>	<u>Subject</u>	<u>Video Length</u>	<u>VHS</u>	<u>DVD</u>
“Confined Space Entry” (Blueprints for Safety) Understand what is required in a confined space program. Highlights include: evaluating potential hazards, creating a permit system, developing and evaluating safe entry procedures, choosing the right equipment, monitoring steps, and developing rescue procedures.	1001	SPD	18 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>
“Contractor Safety: It’s Everybody’s Business This program is presented in English, Spanish and Portuguese. It is a general review of jobsite safety. It addresses general safety requirements; such topics as slips, trips and falls; ladders; confined space; trenching; lockout/tagout; and others.	1024	SPD	21 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>
“Crane Safety” There are some basic safety rules that apply to cranes and equipment. Employees will be more aware of safety and reduce the potential of an unplanned event, such as property damage and injury. This video gives tips on inspection procedures and working around power lines.	430	TEM	14 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
“Cranes/Chains/ Slings/Hoist Safety” The most important safety feature of a crane’s chain, sling or hoist is the operator’s knowledge on how to use it. It is the operator’s responsibility to inspect the equipment daily. This film gives tips on what to look for on defective chains, wire ropes and slings. It also gives an idea of how to care for the chains and slings and how to prevent stress on the equipment.	308	TEM	12 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
“Cutting Torch Safety” The do’s and don’t’s of using a cutting torch.	183	TEM	6 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
“Dangers of Combustible Dust (CSB)” This video demonstrates the extent of the combustible dust problem by describing the circumstances of several specific occurrences. It shows the dust explosion process, and recommends preventive measures.	2033	IPT	29 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>
“Dangers of Hot Work (CSB)” A survivor of a hot work explosion and a relative of a victim of another one tell their stories. The video explores the causes of hot work explosions and recommends preventive actions to prevent them.	2033	IPT	14 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>
“Defensive Driving: A Crash Course” Vehicle accidents are one of the most common ways employees get injured. This program discusses how to be a defensive driver, recognize hazards, and stay alert.	1002	TEM	16 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
“Defensive Driving: When Good Weather Goes Wrong” This video discusses several adverse weather conditions that drivers may encounter. These include rain and flash flooding, winter driving, wind and fog. The narrator also covers the 3-second rule and other driving techniques.	2042		18 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>
“Distracted Driving: At What Cost?”	1028	DRV	15 Min	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

<u>Video Title</u>	<u>Video #</u>	<u>Subject</u>	<u>Video Length</u>	<u>VHS</u>	<u>DVD</u>
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In today's world one of the biggest causes of crashes is distractions. Whether it's a cell phone, a radio, a pager, or a new toy in the vehicle's dashboard, driver's need to know how to avoid the distracted driving accidents.

“Dump Truck Safety”	144	DRV	5 Min	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
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This video briefly provides safety tips for the following issues: pre-startup inspections; driving with loads; helpers; and driving surfaces.

“Dump Truck Safety”	605	DRV	10 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
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The video presents an overview of dump-truck safety. It includes the pre-start-up inspection checklist, refueling safety, receiving and dumping loads, safe driving concerns (defensive driving, handling when loaded and poor site conditions).

“Electrical Safety for Non-Electricians”	1003	TEM	18 Min	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
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Designed for employees who are not normally working with electricity, this video teaches about the hazards associated with electrical equipment and how to avoid shock hazards.

“Electrical Safety for the Qualified Worker”	1046	TEM	18 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>
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(Available in DVD only) Be sure your qualified maintenance and electrical workers are well informed about safety procedures. This cutting-edge training program will teach them the proper methods and precautions to avoid electrical shock, serious burns and arc flash accidents. Topics covered include: correct PPE, lockout/tagout procedures, NFPA 70E, and arc flash hazard analysis.

“Emergency Evacuation – Getting Out Alive!”	1005	SPD	16 Min	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
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Emergencies like fires, earthquakes, hazardous material leaks, and explosions can strike at any time with little warning. This video is designed to help you respond correctly in an emergency. It shows you: how to prepare for an emergency, what to do in an emergency, and what to do when you hear an emergency alarm.

“Ergonomics: Working in Comfort”	2061	IPT	16 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
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We need to learn how to work by considering what is best for our bodies. That's what ergonomics is all about. Ergonomics—designing the job to fit the person, rather than making the person fit the job. It's the science of designing tools and equipment, the layout of workplaces, and the overall organization of work to improve employee well being and workplace efficiency. This program will show your workers how to use ergonomic guidelines to make their work more comfortable. They will also learn proper body mechanics and how stretching can help them do their jobs better, safer, and more efficiently.

“Excavation and Trenching”	2051	CON	37 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>
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This training program consists of 6 units. The main teaching units cover cave-ins, soil classifications, trench protective systems, and safety and health considerations. You can cover each section in detail by using the powerpoint-like program, with its links to video segments that supplement the slide information. The units take 10 to 20 minutes each. You can also view the video portion of the program separately.

“Eye Protection”	104	PPE	6 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
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This video briefly covers the following areas: nature's eye protectors; types of industrial eye hazards; proper selection; and what to do in case of an emergency.

<u>Video Title</u>	<u>Video #</u>	<u>Subject</u>	<u>Video Length</u>	<u>VHS</u>	<u>DVD</u>
“Eye Protection” – Blueprints for Safety Series	1022	PPE	10 Min	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
There are many situations that can harm your eyes. Fortunately, it is a hazard that can easily be eliminated by wearing the proper type of eye protection. This training program will teach workers how to protect their eyes from debilitating injury. They will learn what types of situations present danger to their eyes and the proper eye protection to use in each situation.					
“Eye Safety – Don’t Push Your Luck!”	1033	PPE	12 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Here is an eye safety video from the archives! If you’re looking for the “classic safety video” from the old days, this black & white program on eye injuries, complete with blunt talk and vivid footage, is it.					
“Fire Extinguisher Training”	105	TEM	6 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
This video briefly covers the following areas: inspections, types of extinguishers; function of extinguishers; how to use an extinguisher; and classes of fires.					
“Fire Extinguisher Training And Use”	192	TEM	15 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
The video outlines the OSHA Standard 1910.157. It outlines the proper use of fire extinguishers. It covers the type of extinguisher to be used during certain fires. It also outlines monthly inspection checklists for extinguishers. The video also outlines fire prevention, housekeeping, flammable storage, electrical inspections and fire hazards.					
“Fire Extinguishers Ready to Respond” (Blue Prints for Safety)	2059	TEM	14 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Since fire is one of the most common hazards in the workplace, it is important for your employees to know how to properly use a fire extinguisher if a fire should break out. This program will teach your employees how to calmly and effectively deal with fires and correctly use a fire extinguisher. Your employees will learn: 1. What Causes a Fire; 2. The Five Classes of Fires; 3. Fire Prevention Methods; 4. Types of Fire Extinguishers including Type “K;” 5. How to Select the Appropriate Fire Extinguisher; 6. How to Correctly Use a Fire Extinguisher; 7. When Not to Fight a Fire; 8. Fire Extinguisher Inspection.					
“Fire Prevention and Safety” (Aurora Pictures’ version)	1036	HCM	12 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Teach employees the importance of preventing and dealing with fire emergencies. The video covers the following: Causes of industrial and office fires, fire fighting tools including extinguishers, fire prevention including the importance of good housekeeping practices.					
“Fire Prevention and Safety” (Long Island Productions’ version)	279	HCM	12 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
The video outlines the way to minimize the risk of accidental fires in the workplace. Also, the video teaches the importance of preventing and dealing with fire emergencies, including: causes of industrial and office fires, fire-fighting tools, prevention, good housekeeping, emergency preparedness, early detection and escape plans.					
“Foot Protection”	202	PPE	6 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
This video briefly covers the following areas: importance of foot protection; types of foot protections; and tips to reduce/avoid foot injuries.					
“Forklift Basics: Safe From the Start”	1054	DRV	22 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>

<u>Video Title</u>	<u>Video #</u>	<u>Subject</u>	<u>Video Length</u>	<u>VHS</u>	<u>DVD</u>
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Familiarize your forklift operators with the basics of safe forklift practices. This DVD covers inspections, operations, and the various situations your operators need to know. The Program can help with your OSHA-mandated forklift operator certification program.

“Forklift Safety” (Blueprints for Safety)	1006	DRV	13 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
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This comprehensive program is designed to provide your employees with the equipment-specific training needed to comply with the OSHA standard. It educates your employees on the most common type of equipment – the sit-down, counter-balanced forklift.

“Forklift Safety: Driving in Dangerous Situations”	1027	DRV	15 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
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Forklift operators are routinely exposed to a variety of driving hazards. This program will show your forklift operators how to deal with some of these hazards, such as ramps, slippery surfaces, pedestrians, loading docks, and inside trailers. The training in this tape can be a good supplement to your forklift operator certification process.

“Front-End Loader Operations”	414	DRV	13 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
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The video outlines the basics to front-end loader safety. It includes: a pre-trip inspection checklist, rules for the road (including clearance hazards and loaded vehicle handling), loading, packing safely, and proper blade use. It also includes unloading tips and procedures.

“Gas Welding Safety”	188	TEM	5 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
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This video briefly covers the following areas: welding areas; compressed gas cylinders; UV & Infrared Radiation; personal protective equipment.

“Grinder and Abrasive Wheel Safety”	376	TEM	14 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
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If you ignore the safe operating procedures when it comes to grinding safety, it can be a very dangerous job. This film, set in a foundry and heavy industry, gives tips on the safe operating procedures on abrasive wheels and disks and the leading causes of personal injuries. It gives a general idea of how to conduct a “ring” test and how to mount a wheel safely. It also speaks to the proper care of grinding wheels, keeping them free from water and oil.

“Hand & Power Tool Safety”	107	TEM	7 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
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This video briefly covers the following areas: general hand tool safety tips; defective equipment; screwdrivers; wrenches; sockets; general power tool safety tips; power drills and bits; and portable hand saws.

“Hand Safety” (Blueprints for Safety)	1007	IPT	10 Min	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
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This program presents dramatic re-enactments and interviews with people who have suffered hand injuries on the job. Learn about the factors that set the stage for these injuries and understand what can be done to prevent them. This video has been called "one of the best hand safety videos available!"

“Hand Tool Safety”	204	TEM	6 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
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This video briefly covers the following areas: hand drills; other electrical safety tips; and bench grinders.

“Hand Washing: Avoiding Germs & Viruses at Work”	1044	HCM	7 Min	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
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<u>Video Title</u>	<u>Video #</u>	<u>Subject</u>	<u>Video Length</u>	<u>VHS</u>	<u>DVD</u>
Don't let illnesses like colds and flu cause downtime in your workplace. This training video will teach your employees how to avoid spreading germs. The video covers: how germs and viruses are spread, minimizing contact with germs, proper handwashing techniques, when and why it's important to wash hands.					
“Handling Flammable/Non Flammable Compressed Gases”	620	HCM	14 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Addresses the proper handling and storage of compressed gases. The video outlines concerns of conducting work with and near cylinders of compressed gas. Gives information to use in identifying hazards associated with compressed gases in the workplace.					
“Hard Hat Safety”	167	PPE	6 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
This video briefly covers the following areas: reasons for head injuries; how hard hats protect; types of hard hats; and the care of hard hats.					
“Hazard Communication: Behind the Scenes”	1061	HCM	18 Min	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Give a “frightfully fresh” look to your annual employee training on Hazard Communication and Employee Right to Know. This program covers many of the important elements that must be covered in your chemical safety training.					
“Hazard Communication: KHAZ Talk Radio”	1039	HCM	15 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
This program uses a lively talk radio show format to bring life and entertainment to an old, yet serious topic. Listeners are able to call in and get answers to their Hazard Communication questions. At the end of the show employees will understand how to access hazard information from labels and MSDSs, how to work safely with chemicals, how to categorize chemicals, and the hazards and controls associated with each category. This program is an excellent way to help with your annual training requirements for Minnesota’s Employee Right to Know Rules.					
“Hazard Communication: Your Key to Chemical Safety”	2063	HCM		<input type="checkbox"/>	<input checked="" type="checkbox"/>
Hazard communication involves the employees knowing what materials they are using, which are hazardous, and how they can be injured by those materials. They can then learn how to protect themselves in the workplace and respond to emergencies. This video touches on all these topics, including describing the contents of labels and material safety data sheets.					
“Hazard Recognition for Utility Workers”	1004	IPT	18 Min	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Teach utility workers proper hazard recognition skills and to consider what could go wrong during the tasks they perform and the situations they face.					
“Head Protection”	699	PPE	10 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
The primary head protector is a hard hat. This video describes the selection, use, maintenance and inspection of hard hats.					
“Health factors in Welding Operations”	2039	HCM		<input checked="" type="checkbox"/>	<input type="checkbox"/>

<u>Video Title</u>	<u>Video #</u>	<u>Subject</u>	<u>Video Length</u>	<u>VHS</u>	<u>DVD</u>
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This video discusses hazards in oxy-fuel and arc welding and cutting. It touches on such topics as metal fume fever, eye injury, hearing loss, ergonomics and fire hazards. The video also covers use and storage of welding gases and arc welding equipment.

“Healthcare Safety Orientation: For Your Own Good”	1057	IPT	17 Min	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
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As a healthcare professional, you know that your patients continually rely on you for their health and safety – but what about your own? It can only take a moment of neglect on your part or that of a coworker for you to become a patient yourself. This video covers: slips, trips and falls; fire safety, handling medical wastes, and more.

“Hearing Conservation” – Blueprints for Safety Series	1014	IPT	8 Min	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
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Without proper safeguards, noise can seriously and permanently damage hearing. Teach employees that daily awareness of loud noise areas and proper use of hearing protection equipment are the keys to avoiding a lifetime of hearing loss.

“Heat Stress”	201	HCM	6 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
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This brief summary of heat discusses how the body dissipates heat, and symptoms and treatment of two heat injuries. Hot conditions can also contribute to other types of accidents.

“Heat Stress”	283	HCM	12 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
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This video describes how employees can protect themselves from heat injury by eating right, conditioning and heat adaptation, and wearing the proper clothing. It also briefly discusses heat injuries.

“Heat Stress: Don’t Lose Your Cool”	1025	HCM	15 Min	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
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This program provides a no-nonsense approach to heat stress and how to prevent or treat heat disorders. It covers things like sunburn, acclimatization, heat rash, heat exhaustion, and heat stroke. It also discusses fluid intake, eating habits, and protective clothing. This program is a great way to provide some of your Right-to-Know training!

“Heat Stress: Staying Healthy, Working Safely”	1068	HCM	15 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>
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This program describes the hazards of working in hot environments. It describes the types of heat-related illnesses we can develop, and gives suggestions on how to recognize and prevent these problems. This program can help cover some of your annual Right-to-Know training!

“High Hazards”	2050	CON	60 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>
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OSHA has identified its “Big 4” hazards. Falls, electrical injuries, being struck by objects and being caught between objects or equipment (including trench cave-ins) cause 80% of the fatalities in construction. This video reviews the dangers and controls for these four hazards, using powerpoint-type slides with video discussion scenarios. Use this program in sections for shorter meetings or cover all the topics at once. Each section is approximately 15 minutes long. The training could last longer, depending on employee participation.

“High Impact Crane Safety” (Blue Prints for Safety)	2058	TEM	19 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>
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“Home Health Safety Orientation”	1052	IPT	20 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>
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<u>Video Title</u>	<u>Video #</u>	<u>Subject</u>	<u>Video Length</u>	<u>VHS</u>	<u>DVD</u>
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(Available in DVD only) This program will help you recognize the potential dangers of working in a home care setting. It provides important safety tips to protect you and your patients. It includes: What to look for in the home, handwashing and safe work practices, handling medical waste and equipment.

“Housekeeping on the Job Site”	332	SPD	9 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
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Presents tips for housekeeping in the construction and manufacturing environments. Addresses the hazards created by poor housekeeping and gives procedures to prevent injuries.

“How to Develop an Effective Safety Program”	371	SPD	20 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
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The emphasis in this video is on “effective.” You must start with senior management support. There are 3 elements of an effective program: the safety manual; management and employee training; and program enforcement. The program doesn’t detail the content of the manual, but demonstrates its importance. (You can find information on the content of the manual in MNOSHA documents on AWAIR.)

“How to Handle Corrosives”	622	HCM	18 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
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Offers precautions and safe procedures for handling corrosives in the workplace. Addresses the types of corrosives, handling methods, emergency procedures, and appropriate personal protective equipment.

“How to Handle Flammables”	619	HCM	18 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
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Addresses the proper handling, storage, and use of flammables. Discusses the recognition of hazardous situations, and precautions that should be taken by employees dealing with flammables.

“How to Handle Solvents”	621	HCM	18 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
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Provides a review of types of solvents and their proper handling. Offers advice for emergency first aid procedures for employees exposed to solvents.

“I Chose to Look the Other Way”	1034	IPT	12 Min	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
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Based on an actual incident that cost a worker his life, this video dramatizes a poetic story written by the victim’s supervisor. He describes the circumstances leading up to the accident and the actions that *should* have been taken that would likely have resulted in a different outcome.

“In the Trenches: Excavation Safety for Workers”	1021	IPT	14 Min	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
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This video teaches the viewer how to work safely while in and around trenches and excavations. It is a good way to help train on OSHA’s Excavation Standard.

“Indoor Cranes: Safe Lifting Operations”	2027	TEM	24 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>
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This training is for operators of overhead cranes found in plants and shops. It covers pre-operative checks, rigging inspection, rigging the load and safe operation of the crane.

“It Only Takes a Second”	1060	IPT	3 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>
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(Available in DVD only) A great way to begin a safety meeting! This short montage of accident scenes will make a lasting impression. Viewers won’t forget the powerful accident re-enactments and dramatic consequences illustrated in this motivational video. No matter what trade or industry you are in, this program makes you think about safety!

<u>Video Title</u>	<u>Video #</u>	<u>Subject</u>	<u>Video Length</u>	<u>VHS</u>	<u>DVD</u>
“Ladder Safety”	112	TEM	5 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
This video provides a brief review on ladder selection, inspection, and use. It covers step ladders, extension ladders, and portable stair units, and depicts scenes in construction, industrial, warehouse, and retail settings.					
“Ladder Safety”	281	TEM	12 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
The theme of this video is “intelligent use of ladders.” The video emphasizes extension ladders, but briefly discusses other types. How do employees determine the right ladder for the job? There are a number of criteria after selecting the type. The video discusses these. Finally, there are guidelines for using the ladder.					
“Ladder Safety in Construction”	139	TEM	5 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
This video briefly covers the following areas: general safety tips; types of ladders; and safe ladder utilization.					
“Ladder Safety in Construction”	290	TEM	11 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
This video emphasizes ladders that used in the construction industry, but also discusses platform ladders that may be used in the warehouse. Inspection, placement and use of the ladders are demonstrated in this video.					
“Landscape Maintenance”	334	IPT	17 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Educates landscape workers in the safety responsibilities of their jobs. Focuses on personal protective equipment, proper chemical use, mover/string trimmer use and maintenance. Also addresses chipper safety.					
“Landscape Maintenance Safety”	149	IPT	5 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
This video briefly covers the following areas: personal protection; maintenance of equipment; general safety tips; and specific equipment safety tips.					
“Large Equipment Safety”	537	DRV	20 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Addresses the safe use of front-end loaders, backhoes, and general-purpose tractors. Covers maintenance, inspections of equipment and job sites. Includes tips on operating equipment on slopes and in high –traffic areas. The video also touches on proper clothing to be worn by large equipment operators.					
“Lessons Learned from Hand Injuries Non-Graphic”	2064	IPT	20 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Hands can be injured by a variety of causes. Among others, these include cuts, being caught in or struck by equipment and tools, heat and cold, and chemicals. This videos shows how many of these injuries can occur and how they can be prevented. Hazard controls include engineering, administrative procedures, and personal protective equipment. The video discusses these and describes the various types of gloves for various hazards.					
“Lifting Patients from Chairs”	2026		7 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>
This video describes how to move clients/residents/patients from a bed to a wheelchair and from the wheelchair to a treatment table. There is also a section on responding to a falling patient and recovering a fallen person from the floor.					
“Lockout / Tagout – Blueprints for Safety Series”	1015	SPD	12 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
This video provides a compelling example of how quickly a life-threatening accident can occur if the proper lockout/tagout procedure is not implemented in a work environment.					

<u>Video Title</u>	<u>Video #</u>	<u>Subject</u>	<u>Video Length</u>	<u>VHS</u>	<u>DVD</u>
<p>“Lockout / Tagout: Authorized Employees”</p> <p>The popular LO/TO video from CLMI has been updated! This version focuses on the Authorized Employee – the one who will be doing the Lockout/Tagout. Your employees will learn: Lockout/Tagout definitions, the most common forms of energy sources, situations that require LO/TO procedures, various types of lockout devices, proper LO/TO procedures, safe startup procedures, examples of and tips for special situations.</p>	1045	SPD	12 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<p>“Machine Guarding”</p> <p>This video briefly covers the following areas: principles of machine guarding; and types of guards.</p>	132	TEM	7 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<p>“Machine Guarding”</p> <p>This video describes measures necessary to ensure a proper machine-guarding program in a manufacturing type setting. Outlines the components of a written program.</p>	549	TEM	18 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<p>“Machine Guarding Responsibility”</p> <p>This video describes the employee’s responsibility to be aware of the different types of machine guarding and how to work safely around these types of guards. Addresses lockout/tagout of machinery and when guards are to be removed.</p>	252	TEM	13 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<p>“Machine Safeguarding” (Blueprints for Safety)</p> <p>Using clear examples, this video illustrates how to identify and protect workers from hazardous equipment in your workplace. Machine safeguarding is a simple concept that, when put to effective use, can prevent numerous accidents and save dollars.</p>	1017	TEM	12 Min	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
<p>“Material Handling Safety”</p> <p>This video describes the different methods of handling material safety. Covers safe lifting, the safe use of hand trucks, carts, pallet trucks/fork lifts, and mechanical lifting devices. Also covers the proper handling of compressed gas cylinders.</p>	360	IPT	20 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<p>“Material Safety Data Sheets”</p> <p>This brief review of Material Safety Data Sheets first uses a blank form to show employees the elements of an MSDS. This is followed by a review of an actual MSDS.</p>	119	IPT	5 Min	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
<p>“Mechanical Power Press Safety”</p> <p>Experienced machine operators can lose a finger, a hand or worse if they cut corners and work unsafely. This program motivates workers to follow the proper safety procedures and comply with OSHA’s Mechanical Power Press Safety Standard. It is also helpful for operators using other metal fabrication equipment.</p>	1051	TEM	15 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<p>“Metal Shop Safety”</p> <p>This video discusses safety for metalworking employees. Includes topics such as fire hazards, electric shock, explosions, asphyxiation, general safety tips, foundry/forge safety, and tool/machine safety.</p>	512	IPT	19 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<p>“More High-Impact PPE”</p> <p><i>(Available in DVD only)</i> Graphic re-enactments prove to your employees the necessity of using proper Personal Protective Equipment (PPE). The program discusses the importance of taking responsibility for personal safety, why it is important to perform only "trained & authorized tasks", and the reasons to follow rules and procedures.</p>	1059	PPE	18 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>

<u>Video Title</u>	<u>Video #</u>	<u>Subject</u>	<u>Video Length</u>	<u>VHS</u>	<u>DVD</u>
<p>“Nursing Version: What’s Wrong with This Picture</p> <p>This video shows a number of daily nursing activities that include safety hazards. These include situations such as sharps disposal, lifting and hand washing.</p>	2040		9 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<p>“Office Ergonomics”</p> <p>Repetitive motion injuries are a growing source of injury claim. This program explains the ways repetitive motion injuries occur and offers describes how you can implement an ergonomics program at your business. Even though the video depicts office environments, the message of the program will apply to other settings.</p>	1029	IPT	17 Min	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
<p>“Office Ergonomics Task Analysis”</p> <p>This program provides an understanding of how to analyze office tasks for potential ergonomic health hazards and how to create solutions to eliminate them. Supervisors and managers can help employees work in ways that reduce the risk of CTDs, control the costs associated with those injuries, and increase everyone’s safety.</p>	1058	IPT	16 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<p>“Office ErgoSAFE: A Systematic Approach”</p> <p>This video shows you how to evaluate your workplace for ergonomic hazards. First, review all information and survey the worksite. Then analyse the information to determine which risk factors are present. Finally, determine how to control these risk factors.</p>	2062	IPT	16 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<p>“On Solid Ground: Safe Excavations & Trenching”</p> <p>This program will help train workers on how to safely conduct excavation and trenching operations. The program depicts a typical construction project and how the contractor is faced with the various factors of doing the job properly.</p>	1030	IPT	18 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<p>“OSHA Walkthrough for Manufacturers”</p> <p>This DVD is a self-study program that can be used by company safety personnel and/or the safety committee. It consists of 16 chapters, each covering a separate safety topic covered by OSHA regulations. There is a training section of each chapter, a quiz, and a section containing further information.</p>	2037	SPD	Self-Paced	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<p>“Overhead Crane Safety”</p> <p>This video is broken down into five sections to train overhead hoist operators. The sections are: Overhead Crane Overview, Overhead Crane Inspection, Overhead Crane Operation, Rigging, and Review. View one or all of the sections to help train of review workers on safe operation of this equipment.</p>	1016	TEM	22 Min	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
<p>“Personal Protective Equipment”</p> <p>This video briefly covers the following areas: importance of personal protective equipment (ppe); hearing protection; respiratory protection; face/eye protection; construction ppe; chemical protection.</p>	110	PPE	6 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<p>“Personal Protective Equipment – Blueprints for Safety Series”</p> <p>This video provides an informative overview of the various types of personal protective equipment, what types of protective equipment is appropriate in certain situations, and how to correctly use each type of equipment.</p>	1018	PPE	10 Min	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

<u>Video Title</u>	<u>Video #</u>	<u>Subject</u>	<u>Video Length</u>	<u>VHS</u>	<u>DVD</u>
“Poison Oak & Ivy Training”	1067	IPT	11 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Produced by Tec Labs, a provider of medications for poison plants, this video contains all the information you need to train workers on poison plant identification, best practices for preventing a poison plant rash, and ways to identify symptoms for early and effective treatment. This is excellent training for anyone who works outdoors.					
“Power Line Hazard Analysis”	2015	CON	18 Min	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
This video illustrates the hazards and injury prevention measures of equipment booms, material handling, ladders and underground power lines. Viewers will also see how to properly respond to equipment contact with power lines.					
“Power Tool Safety (Heavy Duty)”	1047	TEM	15 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Produced by the Milwaukee Tool Company, this video discusses the proper use of a variety of hand power tools. The tape discusses the hazards of the tools, the proper inspection procedures, and the right way to use the tools. It also discusses the proper PPE your employees should have when using tools.					
“PPE: Wear It for You”	2073	PPE	12 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Imagine what would (or wouldn't) happen if employees actually wore their PPE properly! This actual testimonial shows the contrast. Though it deals with the subject of PPE, you could expand the teaching point to include proper implementation of your whole safety program.					
“Preventing Slips, Trips and Falls (Blue Prints for Safety)”	2016		14 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>
This video discusses the causes and several prevention techniques for slips, trips, and falls. It describes the main ingredients in slips – oil, water, ice, snow and spilled materials. Narrators also describe the mechanism of a trip. A tour of business facilities shows where slip, trips and falls are most likely to occur, and how employees can minimize the exposure.					
“Putting It All Together: Scaffold Safety”	2017		17 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
This video covers erection and tear-down of scaffolds, starting with a survey of the site. Employees will learn when to consult a “competent person,” and the video defines what a “competent person” is.					
“Radial Arm Saw Safety”	153	TEM	5 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
This video briefly covers the following areas: tips for table saws; personal protective equipment; equipment protective features; kickback tips; and other general tips.					
“Radial Arm Saw Safety and Use”	508	SPD	20 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
This video addresses the proper use and the different functions of the radial arm saw. Discusses set-up, alignment and blade changing. Also discusses how to make different cuts safely.					
“Recognizing Drug & Alcohol Abuse for Managers”	1010	SPD	20 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>
If your company has a substance abuse policy, or if you need to comply with DOT requirements for drug testing, you should provide training to supervisors and managers on the dangers of alcohol and controlled substances, and the potential consequences of their misuse. Make sure your workers know their rights and responsibilities with this program.					

<u>Video Title</u>	<u>Video #</u>	<u>Subject</u>	<u>Video Length</u>	<u>VHS</u>	<u>DVD</u>
“Residential Construction Fall protection Training”	2034		See Below	<input type="checkbox"/>	<input checked="" type="checkbox"/>
This program describes the fall hazards and protective measures of seven phases of residential construction. The phases start with site preparation and proceed through roofing. Each phase is approximately 15 Min long, and you can select the phases you want to cover.					
“Respirator Training: Universal Fitting Instructions”	2018	PPE	1:48	<input type="checkbox"/>	<input checked="" type="checkbox"/>
This video covers two general topics – respiratory protection and noise. There are sections on filtering face piece respirators (dust masks), half face piece respirators and full face piece respirators. You need only view the sections that apply to the respirators that your company uses. Each section demonstrates when to use the respirators, how to put them on, proper fitting and storage. A separate section shows how to conduct qualitative fit testing. The noise section touches on the ear function, hearing loss and tinnitus. It describes the use and protection from hearing protectors, concentrating on foam ear plugs.					
“Respirators – Air Purifying”	706	PPE	13 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
This video discusses the appropriate use of air-purifying respirators. It also covers proper fit testing.					
“Respirators – Air-Supplied”	705	PPE	12 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
This video discusses the appropriate use of air-supplied respirators. It also covers proper fit testing.					
“Responsibility”	2046	IPT	11 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>
The lesson of this video is that each employee is responsible for his/her own actions in staying safe at work. It illustrates situations of peer pressure, inattention, and taking shortcuts that result in employee injuries.					
“Safe Driving on Freeways”	189	DRV	8 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
This video briefly covers the following areas: general vehicular tips for passenger-type vehicles; traffic rules; defensive driving techniques; and personal responsibility.					
“Safe Equipment Transport”	1032	DRV	25 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
If you have workers who are driving trucks to transport materials or equipment, this tape will provide a good review on ways to do it safely. It describes ways to secure loads, and discusses other important transportation topics needed to get your load to its destination safely.					
“Safe Forklift Operations”	551	DRV	20 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
The video addresses the requirements for safe operation of forklifts. The video discusses the proper training for forklift operators.					
“Safe Lifting With Back Supports”	287	IPT	11 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
This video is provides good general rules for proper manual lifting. The video states that a contributing cause to many lifting incidents disc degeneration. Back supports help compensate for this degeneration. You will see how to properly put on the supports and learn about limitations of use.					
“Safety (Bad) Habits”	2038		5 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
This video shows scenes of unsafe acts and situations in the building trades. Some of the situations are somewhat humorous.					

<u>Video Title</u>	<u>Video #</u>	<u>Subject</u>	<u>Video Length</u>	<u>VHS</u>	<u>DVD</u>
“Safety and the Supervisor”	231	IPT	25 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
This video discusses the importance of having supervisors enforce safety and how it is a crucial element in any safety program. Covers training of employees, inspections for hazards, and accident investigations.					
“Safety Around Electric and Natural Gas Lines”	2019		36 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>
In four segments (4 min, 14 min, 9 min, 9 min) the video discusses hazard identification, control and response. Segments include information on excavating, ladders and long tools, and heavy equipment.					
“Safety Attitudes and Actions”	2045	IPT	13 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>
This video is useful for new employee orientation and for general safety reviews. It briefly covers safety attitude, accident prevention, personal protective equipment, safe work practices, housekeeping and emergency preparedness.					
“Safety Committees: The Real Story”	370	SPD	11 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
This video discusses the establishment of a successful safety committee. The video addresses the causes for success or failure of the safety committee.					
“Safety Factors in Gas Welding and Cutting Operations”	307		14 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
This video demonstrates proper techniques for lighting and using gas welding and cutting equipment, as well as illustrating safety guidelines to follow when using this equipment.					
“Safety in the Die Casting Workplace”	1035	SPD	25 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
This video describes the safety procedures and operations in the die casting industry. The tape is great for training new employees and is an excellent review to help prevent the dangers of complacency that exists for ‘seasoned veterans’.					
“Safety in the Kitchen”	817	IPT	22 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
This video addresses the hazards present in the kitchen environment. Includes avoidance of burns, scalds, cuts, slips, falls, and prevention of food-borne illness.					
“Safety Orientation for Construction”	156	IPT	5 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
This video briefly covers the following areas: prohibition of substance use; machine guarding; housekeeping; defective equipment; reporting hazards/accidents; personal protective equipment; Material Safety Data Sheets; ladder safety; and lifting tips.					
“Safety Orientation for Housekeeping/Maintenance in Healthcare”	130	IPT	5 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
This video briefly covers the following areas: importance of cleaning; sharps; general safety tips; prohibition of substance use; reporting hazards/accidents; personal protective equipment, handwashing; Material Safety Data Sheets; preventing back injuries.					
“Safety Orientation for Nurses”	124	IPT	8 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
This video briefly covers the following areas: prohibition of substance abuse; equipment safety; personal protective equipment; Material Safety Data Sheets; slips/falls; ladder safety; lifting tips; and reporting hazards/accidents.					
“Safety Orientation in the Office”	208	IPT	14 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>

<u>Video Title</u>	<u>Video #</u>	<u>Subject</u>	<u>Video Length</u>	<u>VHS</u>	<u>DVD</u>
This video discusses the typical hazards found in office environments. Topics include: slips and falls, back injury prevention, ergonomics, fire safety housekeeping, and more.					
“Safety Responsibilities”	379	IPT	15 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
The video discusses the importance of assuming the responsibility for safety. Covers everyone’s responsibility for safety, sound judgment, planning ahead, hazardous chemicals, tool and equipment safety, PPE.					
“Scaffold Safety: Putting It All Together”	1056	TEM	17 Min	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Many times workers are on scaffolding that is unsafe or violates OSHA regulations. This video is an excellent training program for anyone involved with scaffolding. It addresses the things we need to know about assembling and the safe use of scaffolds.					
“Sensible Wood Cutting: Tips from the Pros”	2020	HOS	23 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
This video describes the basics of chain saw use. This includes the proper personal protective equipment. It also demonstrates planning and conducting various cuts, including pre-operative inspections of the saws. This video was published by Husqvarna, and frequently refers to that company’s products. Meadowbrook does not endorse any company’s products.					
“Shoveling Safety”	145	TEM	6 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
This video briefly covers the following areas: breaking old habits; types of shovels; tips and techniques; and load sizes.					
“Simple Changes Can Keep You Safe Where You Live”	2047	HOS	10 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>
This video focuses on fall hazards for senior citizens in the home. However, many of the hazards shown apply people of all ages. First, we observe the hazards. Then the video discusses solutions. There is also a section on hazards and controls for people with special needs.					
“Slips and Falls”	213	IPT	7 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
This video briefly covers the following areas: sweeping importance; mats; contaminated floor polish/wax; proper polish/wax type; and cleaning floor surfaces.					
“Slips and Falls”	2021	IPT	10 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
These accidents don’t just happen, they are caused. That is the theme of this video. Many are caused by unsafe acts. These acts are frequently the result of inattention. Others are caused by unsafe conditions. The video points out a number of unsafe conditions and discusses them in combination with unsafe acts. Part of this video shows preventive measures.					
“Slips and Falls – Safety Refreshers”	1038	IPT	10 Min	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Punctuated with just the right amount of humor and realistic accident re-enactments, this video covers slip and fall hazards ranging from housekeeping practices to ladder use. It delivers important procedural information in an attention-keeping, “attitude” framework. Appropriate for a wide variety of work settings.					
“Slips, Trips and Falls: Taking the Right Steps”	2032	IPT	16 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>

Video Title**Video #****Subject****Video Length****VHS****DVD**

(Available in English, Spanish and Portuguese) This video illustrates how to prevent slips on wet surfaces, as well as snow and ice. It shows defenses against trips in a variety of situations and workplaces. Finally, it addresses falls from height, including elevated surfaces, ladders, and stairs.

“Split Rim Safety”**176****DRV****6 Min**

This video briefly covers the following areas: tire cages; tire pressures; rim component inspection; prohibited actions; and operational steps.

“Step By Step: Avoiding Slips, Trips & Falls”**1009****IPT****17 Min**

Each year, more than 200,000 American workers are injured as the result of slips and falls. Take a trip down this step-by-step guide that alerts your employees to the serious consequences of falls and explains how they can be prevented. Includes a how to: Negotiate slippery surfaces; Control hazards; Use roper equipment.

“Stop and Think”**2041****5 Min**

This video shows a series of employee accidents in an industrial setting that could have been prevented if the employees had stopped and thought.

“Stretching Out at Work” (Blueprints for Safety)**1011****IPT****12 Min**

This motivational video helps reduce workplace injuries by demonstrating stretching and warm-up exercises on the job. Your employees will learn why it is important to strtech before, during and after working to maintain a healthy body.

“Table Saw Safety and Use”**509****IPT****14 Min**

This video instructs employees on the safe and proper use of the table saw. Topics include proper dress, correct change of blades, and correct methods of shut off and clean up.

“Take pride in Your Job: Seat Belts**2054****DRV****11 Min**

Seat belts can save your employees’ lives. This video contains interviews with employees of big rigs from the oil fields on the importance of using seat belts. The situations described are applicable to other environments and vehicles.

“Team Player”**1026****IPT****20 Min**

In order to be effective, your workers must function as a team. Through a dramatized case study, this program will show you the factors that affect your team. Learn about things that wil get in the way of progress and what to do about them. This program is especially good for safety committees or anyone involved in a project.

“The Back Owner’s Guide to Lifting and Stretching”**1070****IPT****17 Min**

From the one who brought you the Back Pack, the Lighter Side of Lifting, and A Bit About Backs, Mike Melnik releases a new program on back care. Part 1 of this program teaches practical tips to preventing back injuries. Part 2 gives instruction on good stretching exercises that anyone can do.

“The Back Pack: A Back Injury Prevention Library”**1041****IPT****See Below**

<u>Video Title</u>	<u>Video #</u>	<u>Subject</u>	<u>Video Length</u>	<u>VHS</u>	<u>DVD</u>
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This DVD contains five different programs designed to help prevent back injuries and teach good lifting techniques. The five programs are:

A Bit About Backs (3 Modules)

**15 Min
Ea**

Creates awareness to prevent workplace injuries. Teaches problem-solving skills, while humor and creative visuals capture the viewer's attention and motivate change. Addresses functions of the back, risk factors and effective prevention strategies.

Back In Step: The Road to Recovery from Back Pain

60 Min

A motivational and innovative program for people recovering from back pain. Participants learn how their daily activities can promote or delay recovery. Learn the principles of good back care to speed up the recovery process and prevent future injury.

Stretching Out at Work

13 Min

Describes and demonstrates stretching and warm-up activities for the work environment. This video shows how stretching and warm-up exercises prior to and during work activities reduce injuries while increasing employee comfort.

Take Five for Health & Safety (5 Modules)

8 Min Ea

A series of videos addressing sitting, standing, stretching, ergonomics, and lifting in a unique and entertaining fashion. Each video utilizes a talk show format with Michael Melnik as the featured guest. The creative commercials between each segment drive home the key points of injury prevention.

On the Road: The Lighter Side of Lifting

22 Min

Effectively teaches safe body mechanics — sitting, standing, stretching, ergonomics, and lifting techniques — in a unique and entertaining way. Emphasizes how to make any lift less demanding, and apply these principles in a variety of lifting situations.

“The First Step”

1074

IPT

5 Min



In order to be effective, your workers must function as a team. Through This is the story about how one wrong step, one wrong action can change your life forever. Candace Carnahan, a young college student, worked summers at a paper mill in her home town. She had worked at the mill three years and was comfortable with the work and familiar with the environment; so familiar that she thought nothing of taking an often used shortcut - stepping over a conveyor system that ran at floor level. But one day she stepped too short, catching her foot in the conveyor and eventually losing her left leg from the knee down. Candace dramatically describes this tragedy and the safety lessons she learned from it. Her story will help your employees realize that the first step to not being injured is knowing that you can be injured.

“The Line of Fire”

1042

IPT

14 Min



This program discusses many workplace hazards and outlines general principles that can help employees prevent these hazards from causing serious injuries and deaths. Featured are several incidents that illustrate the consequences of not noticing when we are in harm's way. Topics include hazards presented by gravity, moving machinery, flying debris and projectiles, automated equipment, moving vehicles, contact with stationary hazards and the importance of observation and feedback.

“The Proper Use of Posey Gait and Transfer Belts”

900

IPT

15 Min



This video shows what you can do to minimize back injuries related to patient transfers. It demonstrates how the use of a low-cost, easy-to-apply transfer belt can greatly reduce the physical stress and potential injury associated with patient transfers.

“Think Safe: Accidents”

516

SPD

17 Min



Help to prevent accidents in the home. The video address possible hazards in the home, including trips/falls, fire and cuts.

<u>Video Title</u>	<u>Video #</u>	<u>Subject</u>	<u>Video Length</u>	<u>VHS</u>	<u>DVD</u>
“Think Safe: Fire” A fire inspector tours an average home to give tips on prevention of fire. Addresses the hazards of the kitchen, fireplace and garage.	513	SPD	14 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
“Thinking About Fall Protection” Produced by DBI Sala, a world leader in fall protection equipment, this DVD explains OSHA’s Fall Protection Standard. It illustrates the affects of falls on the human body, and shows how to properly work with a Personal Fall Arrest System (PFAS).	1020	PPE	20 Min	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
“Trench Safety Awareness (NIOSH)” E-Learning. This document has been developed by NIOSH Spokane Research Laboratory in cooperation with Trench Protective Systems rental companies and is designed as a training resource. This lesson is designed to provide an introduction to trench safety. This lesson does not replace instructor-led or hands-on instruction from certified safety training personnel or courses specifically designed to cover OSHA and/or state-specific safety training requirements. For example, it is not intended to be used as “competent person” training without additional materials. The topics include types of trench collapse, soil classifications, and employee protection.	2023		75 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>
“Trenching and Shoring Safety” This video briefly covers the following areas: types of trench safety techniques; sloping; shoring; trench boxes; ladders; and cave-ins.	161	IPT	6 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
“Trenching and Shoring Safety” This summary of employee protection techniques includes a review of ground conditions, pre-planning excavation, sloping and installation and removal of shoring and trench boxes. It also discusses inspections of the trenches and protective measures.	346	IPT	14 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
“Truck Driving Safety” This video briefly covers the following areas: driver error; accident prevention tips; defensive driving tips; and vehicle inspection.	182	DRV	5 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
“Trucking: Getting On/Off Tractors, Trailers, & Docks” Truck drivers are exposed to several slip and fall hazards. The video emphasizes getting on and off the tractor, both entering the cab and climbing on the deck to make connections. It also addresses trailers and docks. “Common sense isn’t so common.”	632	DRV	11 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
“Understanding MSD’s” From the <i>Blueprints for Safety</i> series. One of the fastest-growing categories of workplace injuries is Musculoskeletal Disorders (MSD’s). This program is designed to educate you and your employees on how to implement an effective and comprehensive system for identifying and reducing the risk in your workplace of these ergonomic injuries.	1012	IPT	12 Min	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
“Universal Precautions For Hepatitis B and AIDS” This video discusses all of the precautions that need to be taken when dealing with people who have either Hepatitis B or AIDS. It describes transmission modes, proper PPE, handling and disposal of sharps, proper hand washing, decontamination procedures, and spill precautions.	186	HCM	15 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
“Van And Truck Driving”	714	DRV	23 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>

<u>Video Title</u>	<u>Video #</u>	<u>Subject</u>	<u>Video Length</u>	<u>VHS</u>	<u>DVD</u>
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This video discusses the importance of developing safe driving techniques and habits. It covers pre-trip inspections, good road manners, defensive driving, alert driving, and emergency stops.

“Violence On the Job”	2053	IPT	27 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>
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Approximately 18% percent of violent crimes can be classified as workplace violence. There are two sections to this video that will be useful to managers, supervisors and safety committees. The video describes typical workplace violence incidents in various industries and various prevention strategies.

“Welding Safety”	166	TEM	5 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
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This video briefly covers the following areas: types of welding; hazards; compress gas cylinders; radiation; types of injuries; and personal protective equipment.

“What is Carelessness?”	122	IPT	4 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
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This video briefly covers the following areas: unsafe behaviors; attitudes; and need for further training.

“What Would You Say?”	1037	IPT	17 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
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This attention-grabbing video illustrates how to effectively communicate with our co-workers when we see them behaving unsafely. The tape features three potentially hazardous workplace incidents in which workers confront each other about the hazards. In each incident, examples of poor communication, that we can all relate to, is demonstrated. Next, examples of effective communication techniques are demonstrated that correct the unsafe behavior.

“What!?! Protect Your Hearing”	1066	IPT	4 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>
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This video gives a light-hearted look at how exposure to high noise levels can lead to permanenet hearing loss. The Program goes on to discuss methods of hearing protection and other safety measures to do with high noise hazards.

“What’s Wrong With This Picture?”	1013	HCM	22 Min	<input checked="" type="checkbox"/>	<input type="checkbox"/>
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From the *Blueprints Select* series. Supplement your Right to Know and Hazard Communication training with this innovative video. The program holds the viewer’s attention while providing the essential training and information needed to understand Material Safety Data Sheets and work with chemicals safely. Incorrect and correct chemical safety procedures are re-enacted in a wide variety of work settings.

“Why Do We Drive the Way We Do?” (Blueprints for Safety)	1072	DRV	14 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>
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This program is designed to help you conduct a training session to ensure that employees recognize that they are professional drivers and need to operate vehicles with professional attitudes and professional defensive-driving skills.

“Winter Driving: When the Rules Change”	2030		16 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>
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This video stresses preparing your vehicle for winter, and keeping it in safe operating condition, including daily cleaning. It also discusses driving techniques such as scheduling, speed control, stopping distance, and others.

“Winter Driving: When the Rules Change Refresher”	2031		10 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>
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This video is a briefer version of Video #230. The same safety techniques are discussed.

<u>Video Title</u>	<u>Video #</u>	<u>Subject</u>	<u>Video Length</u>	<u>VHS</u>	<u>DVD</u>
“Work Safely Around Electrical Lines” (Spanish)	2035			<input type="checkbox"/>	<input checked="" type="checkbox"/>
“Work Safely Around Utility Lines”	2025		13 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Contractor Beware (English and Spanish versions): The video shows safety precautions to take when working near both overhead and underground power lines.					
“Working with Stress”	2052	IPT	17 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>
¼ to 1/3 of employees in the U. S. report high levels of stress at work. Stress occurs when there is a mis-match between the work environment and employee coping skills. This video is directed at supervisors, managers, and safety committees, and addresses ways to decrease employee stress.					
“Your Kids Are Drinking”	2049	HOS	57 Min	<input type="checkbox"/>	<input checked="" type="checkbox"/>
This video explores the prevalence of under-age drinking and the attitudes that allow it to occur. The emphasis is on adult attitudes, including supplying alcohol to minors, and the community culture. This video is specific to the State of Nebraska, but the lessons are applicable anywhere.					